



Dementia
Training
Australia

Guest Lecture

Montessori Mealtimes:
A Pathway to Person-Centred
Care for People with Dementia

“One cannot think well, love well, sleep well, if one has not dined well.” – Virginia Woolf

Overview

Mealtimes are a central aspect of daily life. In addition to meeting people’s nutritional needs, mealtimes provide an opportunity for social interaction, choice, and independence, and are a way to honour an individual’s preferences, culture and identity. Too often, mealtimes in residential care settings are highly proceduralised and focused on the task, rather than the individual needs and abilities of residents and the psychosocial aspects of the dining experience.

Elizabeth’s presentation showcases the impact of multifaceted mealtime interventions used to implement Montessori and person-centred care principles within a residential memory support unit, as part of a larger cultural change initiative.

Objectives

- Understand what Montessori mealtimes look like in residential care, and how they differ from a more traditional meal service.
- Explore a new coding tool developed to quantify staff and resident behaviours during mealtimes.
- Evaluate whether Montessori mealtime interventions can lead to more engaging, respectful and person-centred dining experiences for residents with dementia.

Presented by:



Elizabeth Oliver

School of Occupational Therapy, Social Work and
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Event Details

Date:

Tuesday 7th April, 2020

Time:

6:30pm – 7:30pm

Sign-in and tea and coffee from 6:00pm

Venue:

Technology Park Function Centre

Seminar Rooms 1 & 2,

2 Brodie Hall Drive, Bentley, WA, 6102

Cost:

Funded by the Australian Government

Register now:

<https://reg.eventarc.com/event/view/44084>

Find out more:



dta.com.au/dta-events/montessori-mealtimes



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