


CARD 1: Understand the behaviour /How well am I communicating?

CARD 2: Get to know the person living with dementia

- Single-side print
- Fold page in half and crease along fold line
- Cut along outline
- Be sure to round the corners

FOLD LINE

<p style="text-align: center;">Responsive Behaviours Checklists</p> <p style="background-color: #002060; color: white; padding: 5px;">Understand the behaviour</p> <ul style="list-style-type: none"> • What is the behaviour? • Who is distressed by it? • When does it occur? • How often does it happen? • How long does it last? • How severe is it? • How distressing does the behaviour appear to be? • What is the worst that could happen if this behaviour is expressed? ...or continues to be expressed? <p style="text-align: center;"> Dementia Training Australia © 2017</p>	<p style="background-color: #002060; color: white; padding: 5px;">How well am I communicating?</p> <p>Am I...</p> <ul style="list-style-type: none"> • Remaining calm • Being respectful • Speaking at the right speed • Using simple language • Making eye contact • Using the person's preference for name or title • Being culturally sensitive • Using their preferred language • Not attempting to reason/argue • Not correcting the mistakes made by the person living with dementia <p style="text-align: center; background-color: #002060; color: white; padding: 5px;">www.dta.com.au</p>
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<p style="text-align: center;">Responsive Behaviours Checklists</p> <p style="background-color: #008000; color: white; padding: 5px;">Get to know the person living with dementia</p> <ul style="list-style-type: none"> • What things did/does the person really like - and really dislike? • What would bring them comfort – or contentment? • What would upset or agitate this person? • What activities occupied a lot of their time? • What cultural, religious or spiritual beliefs or practices did they like to express? • Who did/do they like to spend their time with? <p style="text-align: center;"> Dementia Training Australia © 2017</p>	<p style="background-color: #008000; color: white; padding: 5px;">Get to know the person living with dementia</p> <ul style="list-style-type: none"> • What was their general communication style e.g. outgoing / reserved? • Who are important family members and friends? • Did /do they have a pet? • What was their main life time occupation? • Do they have any salient migrant experiences? • What are their sexual needs? • Do they have a history of trauma? <p style="text-align: center; background-color: #008000; color: white; padding: 5px;">www.dta.com.au</p>
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